

CURRICULUM VITAE OF MYRA HARMS



gender:	Female
age:	36
height:	1.64m
waist:	75cm
hips:	30 / 32
shoe:	7 UK
hair:	Dark Brown
eyes:	Dark Brown
languages:	English and Afrikaans
accents:	

SKILLS

Dancer, Singer, Pas de Deux, Tap

TERTIARY EDUCATION

year	qualification	institution
2012	Acting for Film 1 and 3, Voice Training, Meisner, Film Technique	ACT Cape Town
2012	B – Tech Musical Theatre	TUT
2011	NDIP Musical Theatre	TUT
2010	Pilates Control	Top Conditioning SA
2007	Classical Ballet, Grade 8	Royal Academy of Dance
2006	Summer in the City (New York)	The School for Film and TV

THEATRE EXPERIENCE

year	production	role
2014	Dirty Laundry (Cabaret) DIR: Myra Harms	Lead
2012	Annie JNR The National Children's Theatre	Grace
2011 / 2012	Ester the Musical The State Theatre DIR: Elizma Badenhorst	Ensemble
2011	Coloured Mecca (Musical) The Breytenbach Theatre DIR: Tarquinn Whitebooi	Lead: Singer / Actor
2011	Spring Awakening (Musical) The Breytenbach Theatre DIR: Harold Mortimer	Assistant Director

2010	Parade (Musical) The Breytenbach Theatre DIR: Elizma Badenhorst	Supporting
2007	Summer Holiday (Musical) Merensky High School DIR: Mari Weber, Erika Coertzen	Lead
2006	Footloose (Musical) Merensky High School DIR: Erika Coertzen	Supporting

FILM & TV EXPERIENCE

year	production	role
2022	Hotel Kyknet	Misha
2016	Bloodline Feature Film Phoenix Films DIR: Darryl Roodt	Secretary
2014	7de Laan DIR: Danie Odendaal	Gym Girl
2014 / 2015	Scandal Series E-TV	Nurse
2014	Verskietende Ster DIR: Darryl Roodt	Kollega
2011	Short Brief Film, DIR: Dave Hawkins	Lead

COMMERCIAL EXPERIENCE

year	production	role
2020	Replace	Lead
2019	Jet	Featured
2015	Hippo	Lead
2012	KFC	Featured

OTHER EXPERIENCE

year	production	role/position
2007	Royal Academy of Dance, Classical, Grade 8 with Distinction	Award
2006	World Championships for Performing Arts in Los Angeles: "Overall Champion of the World". Trophy for the Best Overall Actress: Ages 16 – 24, 2 Gold, 1 Silver and 1 Bronze Medal for Acting. A \$750.00 Scholarship for a 4 week Summer School, " Summer in the City " Program at the school for Film and Television in New York	Awards
2006	South African Championships of Performing Arts: 2 Bronze Medals for Acting, 1 Silver Medal for Singing.	Awards
2005	South African Championships of Performing Arts: 2 Gold Medals for Acting	Awards

2005	Royal Academy of Dance, Classical Ballet: Intermediate with Merit	Award
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